

# SPINNAKERS LUNCH MENU

SERVED 12pm-2.30pm

PLEASE INFORM YOUR SERVER WHEN ORDERING IF YOU HAVE ANY DIETARY REQUIREMENTS, ALLERGIES OR INTOLERANCES.

|                                                                                                                                                                                           |        |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|
| <b>Soup of the Day</b> (G,M,So,V,GFA)<br>White/Granary Bloomer <u>or</u> Gluten Free Bread                                                                                                | £8     |
| <b>Spinnakers Welsh Rarebit</b> (G,M,Mu,Sd,E,V,GFA)<br>White/Granary or Gluten Free Toast                                                                                                 | £10    |
| <b>HV Graves Roasted Gammon Ham</b> (GF,E)<br>Fried Eggs & Chips                                                                                                                          | £15    |
| <b>Slow Braised Beef Lasagne</b> (G,M,E,Mu,So,Sd,F)<br>Spinnakers Pickled Salad, Toasted Garlic Bloomer                                                                                   | £16    |
| <b>Spinnakers Pumpkin, Spinach &amp; Quinoa Burger</b> (G,E,M,Mu,V,So,Sd)<br>Roasted Garlic Mayo, Red Onion, Tomato, Lettuce, Homemade Slaw and Chips                                     | £17    |
| <b>Spinnakers HV Graves 28 Day Aged 6oz Beef Burger</b> (G,E,M,Mu,So,Ss,Sd)<br>Roasted Garlic Mayo, Red Onion, Tomato, Lettuce, Homemade Slaw and Chips                                   | £17    |
| <b>Cajun Chicken Tagliatelle</b> (G,M,E,So)<br>Roasted Pepper, Red Onion & Cajun Cream Sauce. Toasted Garlic Bloomer                                                                      | £17    |
| <b>Salmon &amp; Dill Fishcake</b> (GF,F,M,E,Mu,Sd)<br>Blakeney Leaf Mixed Salad, Tomato & Red Onion Salsa, Herb Oil                                                                       | £17    |
| <b>HV Graves Cumberland Sausage &amp; Mash</b> (M,GF,Sd)<br>Creamy Mashed Potato, Seasonal Greens, Roasted Carrots, Caramelised Onion Gravy                                               | £17    |
| <b>HV Graves Pan Roasted 8oz Pork Steak</b> (M,Mu,Sd,GF)<br>Spinnakers Pickled Salad, Chips & Mushroom Sauce                                                                              | £20    |
| <b>Vegetarian All Day Breakfast</b> (G,M,E,So,V,So,GFA)<br>Spinach, Tomato, Mushrooms, Baked Beans, Eggs, Hashbrown and White/Granary or Gluten Free Toast                                | £13    |
| <b>Spinnakers All Day Breakfast</b> (G,M,E,So,So,GFA)<br>HV Graves Cured Bacon, Cumberland Sausage, Mushrooms, Tomato, Eggs, Baked Beans, Hashbrown and Toasted Bloomer/Gluten Free Toast | £14    |
| <i>*Add Black Pudding to your breakfast?</i>                                                                                                                                              | +£1.50 |

## SIDES

|                                                     |    |
|-----------------------------------------------------|----|
| <b>Cheesy Chips</b> (M,V,GF)                        | £6 |
| <b>Chips</b> (V,Ve,GF)                              | £5 |
| <b>Spinnakers Pickled Salad</b> (G,Sd,M,Mu,V,Ve,GF) | £5 |

Whilst every care is taken to prevent cross contamination, due to the open plan nature of our kitchen, we cannot guarantee any dish is allergen free.

### KEY FOR ALLERGENS

|                                         |              |                  |             |                  |            |
|-----------------------------------------|--------------|------------------|-------------|------------------|------------|
| V – Vegetarian                          | Ve – Vegan   | GF – Gluten Free | Ce – Celery | Cr – Crustaceans | F – Fish   |
| M – Milk                                | Mu – Mustard | P – Peanuts      | Nu – Nuts   | So – Soyabeans   | G – Gluten |
| E – Eggs                                | L – Lupin    | Mo – Molluscs    | Ss – Sesame | Sd – Sulphur     |            |
| GFA – Gluten Free Alternative Available |              |                  |             |                  |            |

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### TOASTED OPEN SANDWICHES

Served on a toasted slice of White/Granary Bloomer or Gluten Free Bread  
with Spinnakers Pickled Salad & Pipers Salted Crisps

|                                                                                      |     |
|--------------------------------------------------------------------------------------|-----|
| <b>Mature Cheddar Cheese &amp; Onion Chutney</b> (M,Mu,Sd,G,V,So,GFA)                | £10 |
| <b>Tuna Mayonnaise And Cucumber</b> (G,M,Mu,Sd,E,F,So,GFA)                           | £11 |
| <b>Avocado, Halloumi and Chilli Jam</b> (G,M,Mu,Sd,V,So,GFA)                         | £11 |
| <b>Battered Cod Goujons, Minted Pea Purée &amp; Tartare Sauce</b> (G,F,M,E,Mu,So,Sd) | £11 |
| <b>HV Graves Cumberland Sausage &amp; Onion Chutney</b> (G,M,Mu,So,Sd,GFA)           | £11 |
| <b>HV Graves Cured Bacon, Lettuce &amp; Tomato</b> (G,M,Mu,So,Sd,GFA)                | £11 |
| <b>HV Graves Cured Bacon, Brie &amp; Cranberry</b> (G,M,Mu,So,Sd,GFA)                | £12 |
| <b>Prawn Marie Rose</b> (G,F,M,E,Mu,Sd,So,GFA)                                       | £12 |

### JACKET POTATOES

Served with Spinnakers Pickled Salad & Homemade Slaw

|                                                |        |
|------------------------------------------------|--------|
| <b>Mature Cheddar Cheese</b> (G,M,Mu,Sd,V,GFA) | £10    |
| Add Baked Beans?                               | +£1.50 |
| <b>Baked Beans</b> (G,M,Mu,Sd,V,GFA)           | £10    |
| <b>Tuna Mayonnaise</b> (G,M,Mu,Sd,E,F,GFA)     | £11    |
| <b>Prawn Marie Rose</b> (G,F,M,E,Mu,Sd,GFA)    | £12    |

### LIGHT BITES

**Selection Of Cakes & Traybakes** *Please see our display for today's pastries, cakes, traybakes & muffins*

|                                                                                 |       |
|---------------------------------------------------------------------------------|-------|
| <b>Homemade Sausage Roll <u>or</u> Vegan Roll</b> (G,V,Ve,M)                    | £4.50 |
| <b>Toasted Tea Cake</b> with Butter (M,G,So,V)                                  | £3.95 |
| <b>Homemade Fruit Scone</b> with Butter (G,M,E,V,GFA)                           | £4.00 |
| <b>Homemade Fruit Scone</b> with Clotted Cream & Homemade Jam (G,M,E,V,M,GFA)   | £5.50 |
| <b>Homemade Cheese Scone</b> with Butter (G,M,E,Mu,V,GFA)                       | £4.00 |
| <b>Homemade Cheese Scone</b> with Caramelised Onion Chutney (G,M,E,Mu,V,Sd,GFA) | £4.75 |

### ICE CREAM

|                                                                         |       |
|-------------------------------------------------------------------------|-------|
| <b>Dann's Luxury Norfolk Ice Cream <u>or</u> Sorbet Tubs</b> (GF,M,E,V) | £2.95 |
| Please ask your Server for flavours currently available.                |       |
| <b>Dairy Free</b> also available.                                       |       |

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