SPINNAKERS BREAKFAST MENU

_ SERVED 8am-11.30am ____

PLEASE INFORM YOUR SERVER WHEN ORDERING IF YOU HAVE ANY DIETARY REQUIREMENTS, ALLERGIES OR INTOLERANCES.

Creamy Porridge (M,G,V) Clear Blossom Honey & Fresh Berries	£8.50				
Scrambled Eggs (E,G,M,V,So,GFA) Whole Roasted Tomato on White/Granary or Gluten Free Toast	£9				
Granola Bowl (V,Nu,M,G) Homemade Granola, Greek Yoghurt, Fresh Berries, Chia Seeds & Honey	£9.50				
Caramelised Banana & Peanut Butter (G,P,M,Nu,So,GFA) Toasted Bloomer, Pecans & Salted Caramel Sauce	£10				
Spinnakers Welsh Rarebit (G,M,Mu,Sd,E,V,GFA) White/Granary or Gluten Free Toast	£10				
Spinnakers Belgian Waffles (G,M,E,V) <i>Choice of:</i> Greek Yoghurt, Fresh Berries & Honey <u>OR</u> Biscoff & Banana <u>OR</u> Oreo & Chocolate	£10				
HV Graves Cured Bacon OR Cumberland Sausage Sandwich (G,M,So,GFA) Served on White/Granary or Gluten Free Bread	£10				
Breakfast Omelette (E,M,GF) Cheese, Bacon, Spinach & Tomato	£10				
Smashed Avocado (G,M,Nu,V,So,GFA) Poached Eggs, White/Granary or Gluten Free Toast, Pinenuts & Chilli Jam	£11				
Spinnakers BIG Breakfast Sandwich (M,G,Mu,So,GFA) £13 HV Graves Bacon, HV Graves Sausage, Hash Brown & Fried Egg. Served on White/Granary or Gluten Free Bread					
Vegetarian Breakfast (G,M,E,V,So,GFA) Spinach, Tomato, Mushrooms, Baked Beans, Eggs, Hashbrown and White/Granary Toast or Gluten I Toast	£13 Free				
Spinnakers Full Breakfast (M,E,G,So,GFA) £14 HV Graves Cured Bacon, Cumberland Sausage, Mushrooms, Tomato, Eggs, Baked Beans, Hashbrown and White/Granary Toast or Gluten Free Toast					
*Add Black Pudding to your breakfast?	+£1.50				
LIGHT BITES					
Selection of Cakes & Traybakes Please see our display for today's pastries, cakes, traybakes & muffins					
Homemade Sausage Roll or Vegan Roll (G,V,Ve,M)	£4.50				
Homemade Fruit Scone with Butter (G,M,E,V,GFA) Homemade Fruit Scone with Clotted Cream & Homemade Jam (G,M,E,V,M,GFA)	£4.00 £5.75				
Homemade Cheese Scone with Butter (G,M,E,Mu,V,GFA) Homemade Cheese Scone with Caramelised Onion Chutney (G,M,E,Mu,V,Sd,GFA)	£4.00 £4.75				
Toasted Tea Cake with Butter (M,G,So,V)	£3.95				

Whilst every care is taken to prevent cross contamination, due to the open plan nature of our kitchen, we cannot guarantee any dish is allergen free.

KEY FOR ALLERGENS							
	V – Vegetarian M – Milk	Ve – Vegan Mu – Mustard	GF – Gluten Free P – Peanuts	Ce – Celery Nu – Nuts	Cr – Crustaceans So – Soyabeans	F – Fish G – Gluten	
	E – Eggs	L – Lupin	Mo – Molluscs	Ss – Sesame	Sd – Sulphur	GFA – Gluten Free Alternative Available	