

SPINNAKERS

BREAKFAST MENU

SERVED 8am-11.30am

PLEASE INFORM YOUR SERVER WHEN ORDERING IF YOU HAVE ANY DIETARY REQUIREMENTS, ALLERGIES OR INTOLERANCES.

Creamy Porridge (M,G,V) Clear Blossom Honey & Fresh Berries	£8.50
Scrambled Eggs (E,G,M,V,So,GFA) Whole Roasted Tomato on White/Granary or Gluten Free Toast	£9
Granola Bowl (V,Nu,M,G) Homemade Granola, Greek Yoghurt, Fresh Berries, Chia Seeds. & Honey	£9.50
SpinnaKers Pancakes (G,M,E,V,GFA) Clotted Cream, Fresh Berries & Honey	£10
HV Graves Cured Bacon OR Cumberland Sausage Sandwich (G,M,So,GFA) Served on White/Granary or Gluten Free Bread	£10
Breakfast Omelette (E,M,GF) Cheese, Bacon & Tomato	£10
Smashed Avocado (G,M,Nu,V,So,GFA) Poached Eggs, White/Granary or Gluten Free Toast, Pinenuts & Chilli Jam	£11
SpinnaKers BIG Breakfast Sandwich (M,G,Mu,So,GFA) HV Graves Bacon, HV Graves Sausage, Hash Brown & Fried Egg. Served on White/Granary or Gluten Free Bread	£13
Vegetarian Breakfast (G,M,E,V,So,GFA) Spinach, Tomato, Mushrooms, Baked Beans, Eggs, Hashbrown and White/Granary Toast or Gluten Free Toast	£13
SpinnaKers Full Breakfast (M,E,G,So,GFA) HV Graves Cured Bacon, Cumberland Sausage, Mushrooms, Tomato, Eggs, Baked Beans, Hashbrown and White/Granary Toast or Gluten Free Toast	£14

LIGHT BITES

Selection of Cakes & Traybakes

Please see our display for today's pastries, cakes, tray bakes & muffins

Homemade Sausage Roll <u>or</u> Vegan Roll (G,V,Ve,M)	£4.50
Homemade Fruit Scone with Butter (G,M,E,V,GFA)	£4.00
Homemade Fruit Scone with Clotted Cream & Jam (G,M,E,V,M,GFA)	£5.75
Homemade Cheese Scone with Butter (G,M,E,Mu,V,GFA)	£4.00
Homemade Cheese Scone with Caramelised Onion Chutney (G,M,E,Mu,V,Sd,GFA)	£4.75
Toasted Tea Cake with Butter (M,G,So,V)	£3.95

Whilst every care is taken to prevent cross contamination, due to the open plan nature of our kitchen, we cannot guarantee any dish is allergen free.

KEY FOR ALLERGENS

V – Vegetarian	Ve – Vegan	GF – Gluten Free	Ce – Celery	Cr – Crustaceans	F – Fish
M – Milk	Mu – Mustard	P – Peanuts	Nu – Nuts	So – Soyabeans	G – Gluten
E – Eggs	L – Lupin	Mo – Molluscs	Ss – Sesame	Sd – Sulphur	
GFA – Gluten Free Alternative Available					