

# SPINNAKERS

## BREAKFAST MENU

SERVED 8am-11.30am

PLEASE INFORM YOUR SERVER WHEN ORDERING IF YOU HAVE ANY DIETARY REQUIREMENTS, ALLERGIES OR INTOLERANCES.

<b>Creamy Porridge</b> (M,G,V) Clear Blossom Honey & Fresh Seasonal Berries, Homemade Jam	£9.50
<b>Scrambled Eggs On Toast</b> (E,G,M,V,So,GFA) Whole Roasted Tomato	£9.50
<b>SpinnaKers Belgian Waffles</b> (G,M,E,V) <i>Choice of:</i> Greek Yoghurt, Fresh Seasonal Berries & Honey <u>OR</u> Biscoff & Banana	£10.50
<b>Homemade Granola Bowl</b> (V,Nu,M,G) Homemade Granola, Greek Yoghurt, Seasonal Berries, Marinated Peaches, Homemade Jam & Fresh Mint	£11.50
<b>HV Graves Cured Bacon <u>OR</u> Cumberland Sausage Sandwich</b> (G,M,So,GFA) White/Granary or Gluten Free Bread	£11.50
<b>Breakfast Omelette</b> (E,M,V,GF) Cheese, Mushroom, Spinach & Tomato	£11.50
<b>Smashed Avocado On Toast</b> (G,M,E,V,So,GFA) Poached Eggs, Smashed Avocado, Chilli Jam & Parsley Oil	£12.50
<b>SpinnaKers BIG Breakfast Sandwich</b> (M,G,E,Mu,So,GFA) HV Graves Bacon, HV Graves Sausage, Hash Brown & Fried Egg	£14
<b>Smoked Salmon &amp; Scrambled Eggs</b> (G,E,M,So,F,GFA) Parsley Oil, White/Granary Toast or Gluten Free Toast	£14.50
<b>Feta, Avocado &amp; Chilli Honey On Toast</b> (G,M,So,E,V,GFA) Avocado, Poached Eggs, Greek Feta, Chilli Honey, Pomegranate & Pumpkin Seeds	£14.50
<b>Vegetarian Full Breakfast</b> (G,M,E,V,So,GFA) Spinach, Tomato, Mushrooms, Baked Beans, Egg, Hashbrown and White/Granary Toast or Gluten Free Toast	£13.95
<b>SpinnaKers Full Breakfast</b> (M,E,G,So,GFA) Two Rashers of HV Graves Cured Bacon, Cumberland Sausage, Mushrooms, Tomato, Egg, Baked Beans, Hashbrown and White/Granary Toast or Gluten Free Toast	£15.50

### ADDITIONAL BREAKFAST ITEMS

<b>Sausage</b> (GFA) £2.50	<b>Bacon</b> (GF) £2	<b>Beans</b> (GF,V,Ve) £1.50	<b>Mushrooms</b> (V,GF) £1.75
<b>Hash Brown</b> (GF,V,Ve) £1.75	<b>Black Pudding</b> (G) £2	<b>Egg</b> (E,GF) £1.75	<b>Toast</b> (GFA) £1.50

### LIGHT BITES

<b>Selection of Cakes &amp; Traybakes</b> <i>Please see our displays for today's pastries, cakes, traybakes &amp; muffins</i>	
<b>Toasted Tea Cake</b> with Butter (M,G,So,V) <i>Add Homemade Jam</i> (M,G,So,V)	£4.25 +£1.75
<b>Warm Homemade Sausage Roll <u>or</u> Vegan Roll</b> (G,V,Ve,M) <i>Add Homemade Caramelised Onion Chutney</i> (G,M,E,Mu,V,Sd,GFA)	£5.25 +£1.75
<b>Warm Homemade Fruit Scone</b> with Butter (G,M,E,V,GFA) <i>Add Cornish Clotted Cream &amp; Homemade Jam</i> (G,M,E,V,M,GFA)	£4.75 +£2.25
<b>Warm Homemade Cheese Scone</b> with Butter (G,M,E,Mu,V,GFA) <i>Add Homemade Caramelised Onion Chutney</i> (G,M,E,Mu,V,Sd,GFA)	£4.75 +£1.75

Whilst every care is taken to prevent cross contamination, due to the open plan nature of our kitchen, we cannot guarantee any dish is allergen free.

### KEY FOR ALLERGENS

V – Vegetarian	Ve – Vegan	GF – Gluten Free	Ce – Celery	Cr – Crustaceans	F – Fish
M – Milk	Mu – Mustard	P – Peanuts	Nu – Nuts	So – Soyabeans	G – Gluten
E – Eggs	L – Lupin	Mo – Molluscs	Ss – Sesame	Sd – Sulphur	GFA – Gluten Free Alternative Available