## SPINNAKERS

## BREAKFAST MENU

$\qquad$ SERVED 9am-11.30am

## PLEASE INFORM YOUR SERVER WHEN ORDERING IF YOU HAVE ANY DIETARY REQUIREMENTS, ALLERGIES OR INTOLERANCES.

Creamy Porridge ( $\mathrm{M}, \mathrm{G}, \mathrm{V}$ ) ..... 6
Clear Blossom Honey \& Mixed Berry Compote
Granola Bowl (V,Nu,M,G) ..... 8.5
Homemade Granola, Greek Yoghurt, Fresh Berries, Banana and Chia Seeds. Drizzled with Honey
Scrambled Eggs (E,G,M,So,V) ..... 7
Whole Roasted Tomato on Toasted Bloomer
HV Graves Cured Bacon OR Cumberland Sausage Sandwich (G,M,So) ..... 8
Served on White or Granary Bloomer
Spinnakers French Toast (m,G,E,V) ..... 9.5
Brioche Bread, Fresh Berries \& Clotted Cream
Add Honey ..... $+1.00$
Smashed Avocado (G,M,So,Nu,V) ..... 10Curried Fried Eggs, Toasted Bloomer, Pinenuts \& Chilli Jam
Vegetarian Breakfast (G,M,E,So,V) ..... 11
Spinach, Tomato, Mushrooms, Baked Beans, Eggs, Hashbrown and Toasted BloomerSpinnakers Full Breakfast ( $\mathrm{M}, \mathrm{E}, \mathrm{So}, \mathrm{G}$ )12HV Graves Cured Bacon, Cumberland Sausage, Mushrooms, Tomato, Eggs, Baked Beans,Hashbrown and Toasted Bloomer
LIGHT BITES
Homemade Fruit Scone
Served with Butter (G,M,E,V) ..... 3.5
Add Clotted Cream \& Jam (M) ..... +1.50
Homemade Cheese Scone
Served with Butter (G,M,E,Mu,V) ..... 3.5
Add Caramelised Onion Chutney OR Chilli Jam (Sd) ..... +75p
Toasted Tea Cake with Butter ( $\mathrm{M}, \mathrm{G}, \mathrm{So}, \mathrm{V}$ ) ..... 3.5
Homemade Sausage Roll with Caramelised Onion Chutney (Mu,E,G,M) ..... 6
CAKESPlease see our display for today's cakes and tray bakes3.5-4
Whilst every care is taken to prevent cross contamination, due to the open plan nature of our kitchen, we cannot guarantee any dish is allergen free.
KEY FOR ALLERGENS

| V - Vegetarian | Ve - Vegan | GF - Gluten Free | Ce - Celery | Cr - Crustaceans | F - Fish |
| :--- | :--- | :--- | :--- | :--- | :--- |
| M - Milk | Mu - Mustard | P-Peanuts | Nu - Nuts | So - Soyabeans | G - Gluten |
| E - Eggs | L - Lupin | Mo - Molluscs | Ss - Sesame | Sd - Sulphur |  |

